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Oral Hygiene Instructions For Denture and Partial Dentures

Remove Daily:

Every day the appliance must be removed for several hours so the tissue that the appliance covers and rests upon can “breathe”. If an appliance remains in the mouth for too long a period, the chance of possible oral lesions (canker sores, yeast infections, etc.) is greatly increased. The best time to be without the appliance is while sleeping.

Keep Denture or Partial Wet:

When the appliance is out of the mouth, it must be kept wet, or the appliance could warp. Keep the appliance in a covered container filled with water. Be sure to rinse the appliance with water and or mouthwash (half and half) before replacing in the mouth.

Brush Daily:

The appliance needs to be removed and brushed at least once a day. Use a denture brush and toothpaste. Brush every area of the appliance. You may want to put a towel down over the sink while brushing your appliance in case you drop them. A cushioned fall may help them from breaking if dropped.

Removing and Replacing:

Always use equal pressure on both sides of the appliance when removing and replacing so as not to warp the denture or partial.

In-Home Repair:

Do not attempt to repair or reline the denture/partial denture
Do not attempt to bend the metal on the partial denture
Do not heat the denture/partial or allow them to dry out
Do not attempt to superglue broken pieces back together

Please call our office if you have any questions or problems concerning your appliance.